## **CYGNET AUTISM SUPPORT**

The Cygnet course is a programme to support parents, carers and professionals looking after and working with children and young people, aged 3-18yrs old. If you have a child (or are working with a family) that is diagnosed with autism, is on the pathway to an autism diagnosis or is suspected of having autism, then this course is for you!

Parents of children with autism face the usual positive and difficult challenges of parenting, as well as handling additional specific needs of their children. Attending a Cygnet autism support course gives parents, carers and professionals the opportunity to develop their understanding of autism and consider ways to support a child, delivered at no cost to the parent, carer or professional. It also provides the opportunity to meet other people in a similar situation and to hear about their experiences in an informal but supportive atmosphere, in groups of no more than 12.

We will be offering both face-to-face and flexible virtual courses, delivering out-of-hours online courses via Barnardo's' Virtual Family Space and expert digital trainers.

To book onto one of our courses please use the QR code below:

